Good Hope School
2016-2017
Exchange and Excursion Programmes

To Live is to Learn
To Learn is to Travel
Beijing Exchange Programme

History & Culture

Objectives and Benefits
- join historical and cultural site visits organized by Beijing No. 15 School
- master Potonghans skills
- acquire the skills for studying and living in a different culture
- develop friendship across different cultures
- develop life skills
- understand own values, practices and beliefs
- extend personal competitiveness for future career development

Tentative Itinerary
Day 1: HK → Beijing
Days 2 - 6: Lessons, activities and local tours organized by Beijing No. 15 School
Day 7: Beijing → HK

Date: 13 April – 19 April 2017 (7 days)
Participants: S4 – S5
Quota: 20
Airlines: Cathay Pacific / Dragonair
Estimated Cost: HK$ 5,800
Deposit: HK$ 3,000
Accommodation: 3-star Hotels / Homestay
Panel/Team-in-charge: Excursion Team

Remark: Exchange students from Beijing No. 15 School will visit us between late April and early May. We would appreciate it if you could open your house to them even if your daughter will not participate in the programme. This will indeed help raise your daughter’s personal profile and competitiveness.

Shanghai Exchange Programme

History & Culture

Objectives and Benefits
- join historical and cultural site visits organized by High School attached to Shanghai Normal University
- master Potonghans skills
- acquire the skills for studying and living in a different culture
- develop friendship across different cultures
- develop life skills
- understand own values, practices and beliefs
- extend personal competitiveness for future career development

Tentative Itinerary
Day 1: HK → Shanghai
Days 2 - 6: Lesson, activities and local tours organized by High School attached to Shanghai Normal University
Day 7: Shanghai → HK

Date: 13 April – 19 April 2017 (7 days)
Participants: S4 – S5
Quota: 20
Airlines: Cathay Pacific / Dragonair
Estimated Cost: HK$ 5,800
Deposit: HK$ 3,000
Accommodation: 3-star Hotels / Homestay
Panel/Team-in-charge: Excursion Team

Remark: Exchange students from High School attached to Shanghai Normal University will visit us between late April and early May. We would appreciate it if you could open your house to them even if your daughter will not participate in the programme. This will indeed help raise your daughter’s personal profile and competitiveness.

The Netherlands Exchange Programme

Cultural and Language Exchange

Objectives and Benefits
- take part in educational workshops with students from other countries
- experience the lifestyle in the Netherlands
- expand language skills
- learn in a different cultural context
- develop friendship across different cultures
- understand own values, practices and beliefs
- gain independence and confidence
- develop life skills
- increase global and cultural awareness
- improve your resume / personal profile
- extend personal competitiveness for future career development

Tentative Itinerary
Day 1: (Flight) Hong Kong → Cologne
Days 2 - 9: Lessons, activities and local tours organized by Sophiamms, NL
Day 10: (Flight) Cologne → HK
Day 11: Arrive in HK

Date: 9 March – 19 March 2017
Airlines: Swiss / KLM / Lufthansa
(11 days)
Estimated Cost: HK$ 19,000
Participants: S4 – S5
Application Closed
Quota: 10
Panel/Team-in-charge: Excursion Team
Accommodation: Homestay

Remark: Exchange students from Beijing No. 15 School will visit us between late April and early May. We would appreciate it if you could open your house to them even if your daughter will not participate in the programme. This will indeed help raise your daughter’s personal profile and competitiveness.

Singapore Exchange Programme

Culture and Language

Objectives and Benefits
- improve language skills
- acquire the skills for studying and living in a different culture
- develop friendship across different cultures
- develop life skills
- understand own values, practices and beliefs
- extend personal competitiveness for future career development

Tentative Itinerary
Lessons, activities and excursions arranged by Cedar Girls’ Secondary School
Date: 16 April – 22 April 2017 (7 days)
Participants: 52-53
Quota: 20
Accommodation: 3-star Hotels
Airlines: Cathay Pacific / Singapore Airlines
Estimated Cost: HK$ 6,000
Deposit: HK$ 2,000
Panel/Team-in-charge: Excursion Team

Remark: Exchange students from High School attached to Shanghai Normal University will visit us between late April and early May. We would appreciate it if you could open your house to them even if your daughter will not participate in the programme. This will indeed help raise your daughter’s personal profile and competitiveness.
Eco-Traveller – USA National Parks

Objective and Benefits
- Experience the profusely diverse, biodiverse and uniquely beautiful American nature, especially the National Parks of the USA.
- Enjoy the scenic and inspirational beauty of landscapes and natural phenomena
- Understand the importance of preserving nature and wildlife conservation

Touristic Itinerary
- Day 1: Yixing - Zhejiang - Shanghai - Nanjing - Nanjing - Zhenjiang - Zhenjiang (45 km)
- Day 2: Nanjing - Yangzhou - Hong Kong - Hong Kong (20 km)
- Day 3: Hong Kong - Macau - Hong Kong (80 km)
- Day 4: Hong Kong - Macau - Hong Kong (80 km)
- Day 5: Hong Kong - Macau - Hong Kong (80 km)
- Day 6: Hong Kong - Macau - Hong Kong (80 km)
- Day 7: Macau - Hong Kong - Macau - Hong Kong (80 km)
- Day 8: Hong Kong - Macau - Hong Kong (80 km)
- Day 9: Hong Kong - Macau - Hong Kong (80 km)
- Day 10: Hong Kong - Macau - Hong Kong (80 km)

Outward Bound

Objective and Benefits
- Develop more毅 and leadership skills
- Explore the environment and understand nature
- Develop physical and mental skills
- Enhance a sense of responsibility and collaboration
- Encourage confidence and care for others

Touristic Itinerary
- Day 1: Beijing - Tianjin - Beijing (20 km)
- Day 2: Beijing - Tianjin - Beijing (20 km)
- Day 3: Beijing - Tianjin - Beijing (20 km)
- Day 4: Guangzhou - Tianjin - Guangzhou (20 km)
- Day 5: Guangzhou - Tianjin - Guangzhou (20 km)
- Day 6: Guangzhou - Tianjin - Guangzhou (20 km)
- Day 7: Guangzhou - Tianjin - Guangzhou (20 km)
- Day 8: Guangzhou - Tianjin - Guangzhou (20 km)
- Day 9: Guangzhou - Tianjin - Guangzhou (20 km)
- Day 10: Guangzhou - Tianjin - Guangzhou (20 km)

Hollywood Studio, Cultural and University Immersion Tour – Los Angeles & San Diego

Objective and Benefits
- Learn about the film production processes and the history of Hollywood
- Visit iconic landmarks and historic sites
- Experience the cultural diversity of Los Angeles and San Diego

Touristic Itinerary
- Day 1: Hollywood - Universal Studios - Griffith Observatory
- Day 2: Warner Bros. - Sony Pictures - Warner Bros. - Sony Pictures
- Day 3: Disney - Universal Studios - Universal Studios
- Day 4: Warner Bros. - Sony Pictures - Warner Bros. - Sony Pictures
- Day 5: Disneyland - Universal Studios - Universal Studios
- Day 6: Disneyland - Universal Studios - Universal Studios
- Day 7: Disneyland - Universal Studios - Universal Studios
- Day 8: Disneyland - Universal Studios - Universal Studios
- Day 9: Disneyland - Universal Studios - Universal Studios
- Day 10: Disneyland - Universal Studios - Universal Studios

American History & NYC Broadway Tour

Objective and Benefits
- Explore the rich history and cultural heritage of New York City
- Experience Broadway performances and cultural events in New York City

Touristic Itinerary
- Day 1: New York - New York – New York City – Manhattan – Central Park
- Day 2: New York – Central Park – Central Park – Central Park
- Day 3: New York – Central Park – Central Park – Central Park
- Day 4: New York – Central Park – Central Park – Central Park
- Day 5: New York – Central Park – Central Park – Central Park
- Day 6: New York – Central Park – Central Park – Central Park
- Day 7: New York – Central Park – Central Park – Central Park
- Day 8: New York – Central Park – Central Park – Central Park
- Day 9: New York – Central Park – Central Park – Central Park
- Day 10: New York – Central Park – Central Park – Central Park

Outward Bound

Objective and Benefits
- Develop problem-solving and teamwork skills
- Enhance decision-making and problem-solving abilities
- Enhance physical and mental skills
- Enhance leadership and collaboration skills
- Enhance confidence and care for others

Touristic Itinerary
- Day 1: Beijing – Tianjin – Beijing (20 km)
- Day 2: Beijing – Tianjin – Beijing (20 km)
- Day 3: Beijing – Tianjin – Beijing (20 km)
- Day 4: Guangzhou – Tianjin – Guangzhou (20 km)
- Day 5: Guangzhou – Tianjin – Guangzhou (20 km)
- Day 6: Guangzhou – Tianjin – Guangzhou (20 km)
- Day 7: Guangzhou – Tianjin – Guangzhou (20 km)
- Day 8: Guangzhou – Tianjin – Guangzhou (20 km)
- Day 9: Guangzhou – Tianjin – Guangzhou (20 km)
- Day 10: Guangzhou – Tianjin – Guangzhou (20 km)